

IN THE CLAIMS:

1. (Currently amended) Agent for producing a satiety effect for weight loss consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt, and wherein the agent also contains active ingredients.
2. (Previously presented) Agent according to Claim 1, wherein the agent is present in compressed form.
3. (Previously presented) Agent according to Claim 1, wherein the agent contains alginate or pectin or a combination thereof as the anionic polymer.
4. (Previously presented) Agent according to Claim 1, wherein the agent is present as an aluminum alginate, aluminum pectinate, or combination thereof.
5. (Cancel)
6. (Previously presented) Agent according to Claim 1, wherein the agent contains vitamins, trace elements, or medicinal compounds as active ingredients.

7. (Currently amended) ~~Agent according to Claim 1,~~ Agent for producing a satiety effect for weight loss consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt, wherein the agent is formed ~~as~~ of one of the group consisting of: tablets, capsules, coated tablets, granulates, or powders.

8-11. (Canceled)

12. (Previously presented) A method for producing a satiety effect and for weight loss, comprising: providing an agent consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt; and ingesting the agent.

13. (Previously presented) A method for regulating cholesterol balance, comprising: providing an agent consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt; and ingesting the agent.

14. (Currently amended) A method for producing a composition for producing a satiety effect and for weight loss, the method comprising: using adding to the composition an agent consisting of a dried, porous gel or foam of at least one

anionic polymer, wherein the agent is present as an aluminum salt, for producing the composition.

15. (Currently amended) A method for producing a composition for regulating cholesterol balance, the method comprising ~~using~~ adding to the composition an agent consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt, for producing the composition.